

# CCE-ICT Parents' Briefing

1<sup>st</sup> April 2022



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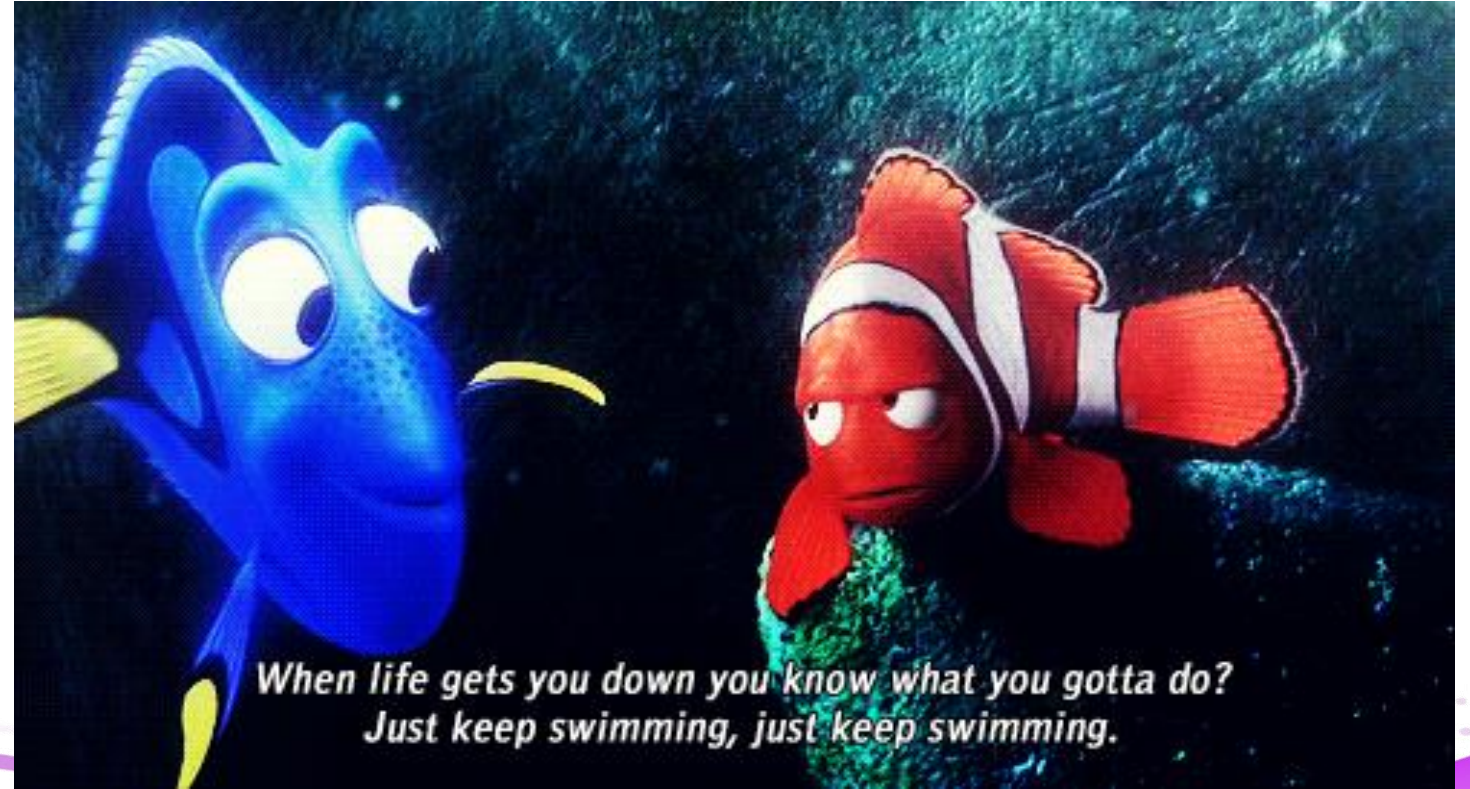


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# Character and Citizenship Education

- Good Character
- Resilience and Social-Emotional Well-being
- Future Readiness
- Active Citizenship

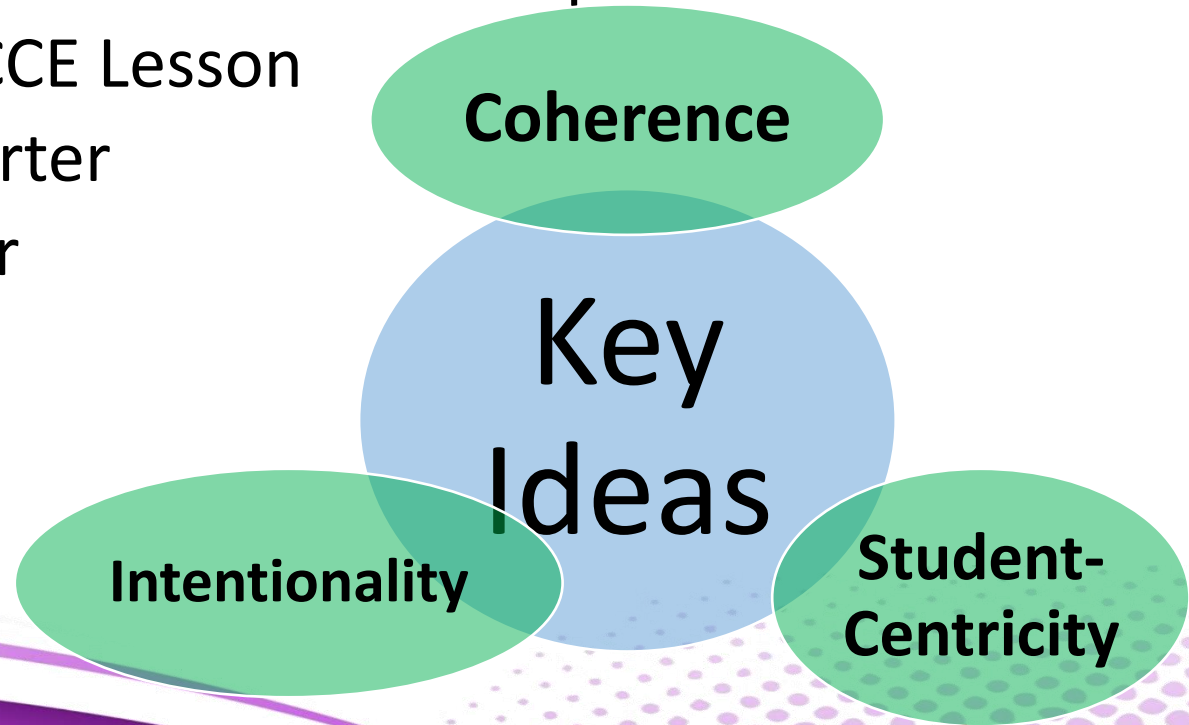




# CCE 2021



- Started this year with the P1 and P2 cohort
- Further enhance efforts to enable school-wide implementation of CCE
  - Every School Experience a CCE Lesson
  - Every Student a Peer Supporter
  - Every Teacher a CCE Teacher



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# Why CCE 2021?



- Started this year beginning with P1s and P2s
- A changing landscape for our children
- Our kids as digital natives
- Ever stronger need to be equipped with values and sound attitudes to exercise discernment in their choices
- Greater focus on Mental Health



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# How will this affect your child?



- Explicit teaching of skills and CCE content areas
- Greater alignment in school programmes targeting character and soft-skills
  - CCE (FTGP)
  - CCE (MTL)
  - PAL
  - Student Development Experiences (E.g. CCA, VIA, Student Leadership)
- More focus on Family Time
  - Activities in FTGP booklet for students to do with their family



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# Two Big CCE Content Areas



## Mental Health

- Building coping and help-seeking behaviour
- 'I Am, I Can, I Have' — Learning Aid for Resilience Building

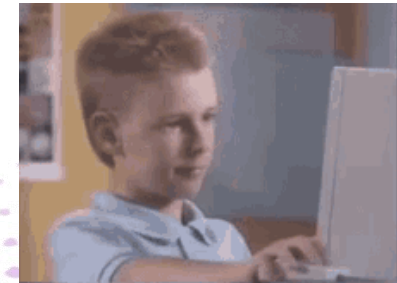
**'I AM'** - Values, Beliefs and Attitudes about yourself or your situation

**'I CAN'** - Social-Emotional Skills and Strategies

**'I HAVE'** - Caring, Supportive and Empowering environment

## Cyber Wellness

- Values and skills to critically evaluate and discern online content and behaviours
- Navigate online space safely
- Use of technology in a balanced and healthy way
- Positive online influence



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# Topic areas of Cyber Wellness in CCE



Cyber Wellness (CW) in CCE focuses on the positive physical and psychological well-being of students as they navigate the cyber world. It involves an understanding of the norms of responsible behaviour regarding technology use as well as knowledge, skills, values, and attitudes on how to protect oneself and other users in the cyber world. Topics include:

CYBER USE	CYBER IDENTITY	CYBER RELATIONSHIPS	CYBER CITIZENSHIP	CYBER ETHICS
<ul style="list-style-type: none"><li>▪ Understand why it is important to manage the amount of time spent on digital devices</li><li>▪ Review 'Screen Time' habits and take steps to ensure a healthy balance of online and offline activities</li></ul>	<ul style="list-style-type: none"><li>▪ Identify examples of good netiquette and practise them to develop a healthy online identity</li><li>▪ Understand the effects of positive and negative digital footprints</li></ul>	<ul style="list-style-type: none"><li>▪ Develop safe, respectful, and meaningful online relationships <i>(e.g. being an upstander)</i></li><li>▪ Recognise the dangers of chatting with strangers online</li></ul>	<ul style="list-style-type: none"><li>▪ Understand the cyber world and make informed choices about participation in online activities <i>(e.g. online content with malicious intent)</i></li><li>▪ Recognise and protect oneself and others from online risks associated with people who may have malicious intent <i>(e.g. scammers)</i></li></ul>	<ul style="list-style-type: none"><li>▪ Create and share online content in a responsible manner</li><li>▪ Respect and take steps to credit the works created by others</li></ul>



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# Cyber Wellness Education



“Character and Citizenship Education curriculum, MOE has **strengthened cyber wellness education**, which aims to equip students with the necessary knowledge, skills and dispositions to thrive in an interconnected, diverse and rapidly changing world. “

“Schools have also actively engaged parents on how best to support their children in digital learning, including **providing parents with resources on strategies and tips** to help their children develop good cyber wellness habits.”

*From The Straits Times, 30<sup>th</sup> March 2022*



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# Cyber Wellness in Zhangde



## Cyber Wellness Principles



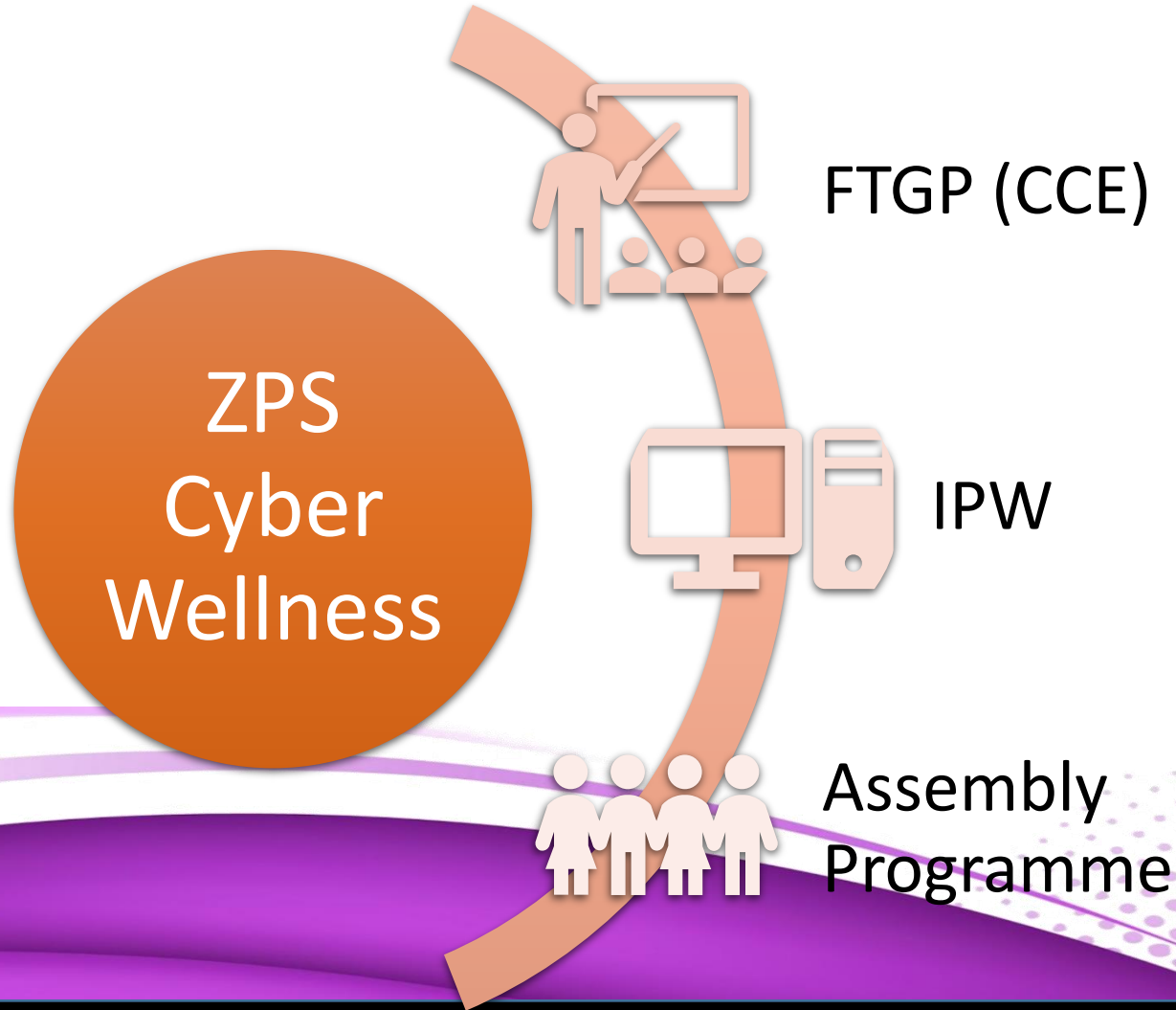
Sense	→	Think	→	Act
Are you aware of the dangers online?  What are steps or precautions to protect myself online?		Should I be doing this and what will be the consequences?  Based on the 3 CW principles, analyse and evaluate the online encounter before acting.		Be a positive influence and carry out all online activities responsibly.



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# Cyber Wellness in Zhangde



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# Cyber Wellness Tips for Parents



**ZHANGDE PRIMARY SCHOOL**  
Thinking Individuals ▲ Gracious Citizens

**SLS** Student Learning Space Home Based Learning

About ZPS Information Our Programmes **Our Partners** Resources

Parents

School Advisory  
Committee

## Our Partners

Home | Our Partners | Parents | Useful Guides and Resources | **Cyber Wellness Tips**

## Cyber Wellness Tips

Parents and Guardians plays a crucial role in empowering and supporting children to use technology responsibly, respectfully and creatively, whether it is by having an open dialogue with their children in educating them the proper use of technology safely and positively, or by acting as digital role models.

Here are some useful tips for parents/guardians in keeping their children safe and smart online.

- 1) [Helping Your Children Be Discerning About Online Information](#)
- 2) Parent Kit - [Cyber Wellness for your Child](#)
- 3) Cyber Wellness Resources from [Media Literacy Council](#)
- 4) [MOE Cyber Wellness Resources for Parents](#)
- 5) [ZPS Cyber Wellness Tips for Parents](#)



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# Parents Support for HBL / Online Learning



Self - directed learner

- SLS Login
- Zoom Login
- Keyboard Language Change
- Volume Adjustment
- Access to school website



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